

19 REASONS

to Create and Stick to a

BUDGET



1 You'll spend less.



2 You'll argue less about discretionary spending.



3 You'll have money for fluctuating expenses.

4 You'll always have enough for fixed expenses.

5 You'll save more.



6 You'll feel more in control of your finances.

7 You'll be motivated to increase your earning potential.

8 You'll feel less guilt about impulse purchases that are within your budget.

9 You'll feel more responsible.



10 You'll never miss a bill payment.

11 You'll set a better example for your kids.



12 You'll spend less on groceries.



14 Your stress levels will decrease.

13 You'll invest more.

15 You'll be able to make quicker decisions.

16 You'll be prepared for financial changes.

17 You'll find yourself choosing healthy meals and snacks.



18 You'll be protected from debt.



19 You'll see potential money problems before they happen.